

“Rise in the presence of the elderly, honour the aged” (Leviticus 19:32)

SHABBAT VeHadarta

שַׁבָּת
וְהַדָּרְתָּ

A Shabbat in honour of senior citizens

Shabbat Parashat Kedoshim

5-6 Iyar 5782 | 6-7 May 2022

10th
year



Founded by the late Minister Uri Orbach z”l

You are invited to create unique activities of your own to celebrate Shabbat VeHadarta and be part of this meaningful and inspiring global initiative.

Here are some ideas for you to choose from:

- * Make an elder person your newest friend.
- * Bring Golden Agers flowers for Shabbat.
- * Visit a local elderly club, have a chat with people.
- * Ask them about their life story, document it on video.
- * Invite your Golden Age neighbours for a Shabbat meal.
- * **honour elderly community members with an “Aliya”.**
- * Offer them to give a lecture or a “D’var Torah”.
- * Arrange a multigenerational musical havdala or Kabbalat Shabbat.
- * Presents of children’s drawings or a classroom zoom conversation with a grandparent.

Visit our website for greeting cards, lesson plans and more:

<https://vehadarta.uriorbach.co.il>

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<https://www.facebook.com/RememberingUriOrbach>

Uri Orbach (1960-2015) was a writer, journalist, Member of Knesset and Minister for Senior Citizens in Israel’s government – 2013-2015